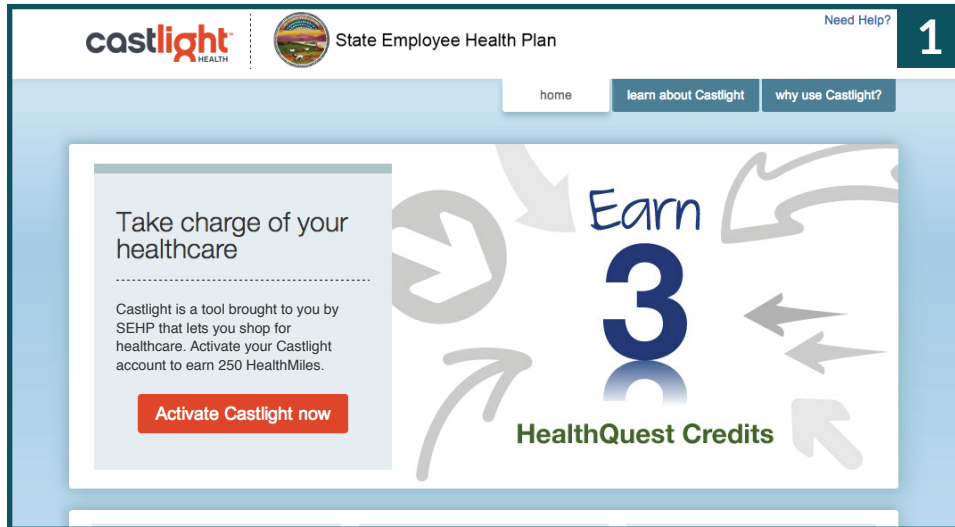


CASTLIGHT QUICK START GUIDE

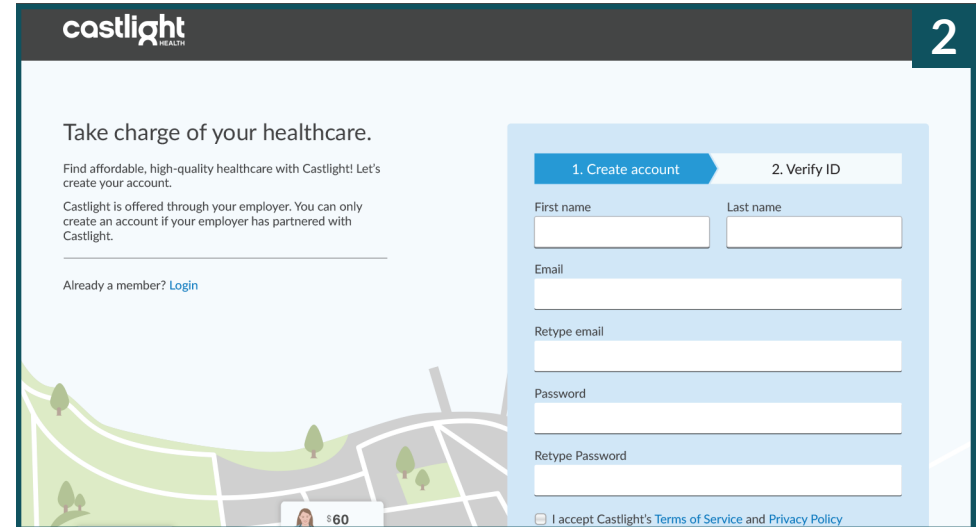
This guide will walk you through the two-step process to activate your Castlight account and get you on your way to finding doctors based on cost and quality reviews.



Castlight is a personalized healthcare shopping tool that helps you compare cost and quality for doctors, prescriptions, hospitals and medical services before you make an appointment.



Go to mycastlight.com/SEHP and click “Activate your account.”

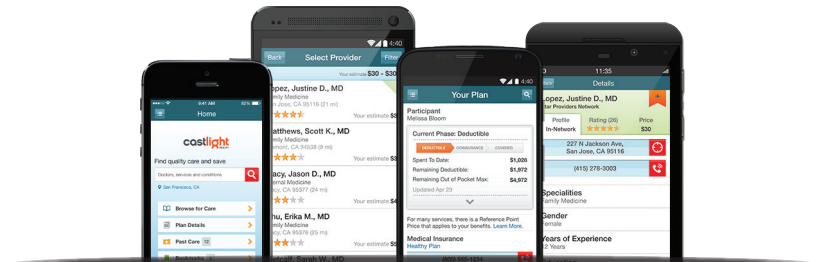


Set up your account.

Take Castlight on the go!

Now you can access Castlight anytime, anywhere. Get Castlight Mobile for your smartphone today.

Just search for “Castlight” in your app store or go to mycastlight.com/mobile on your browser.

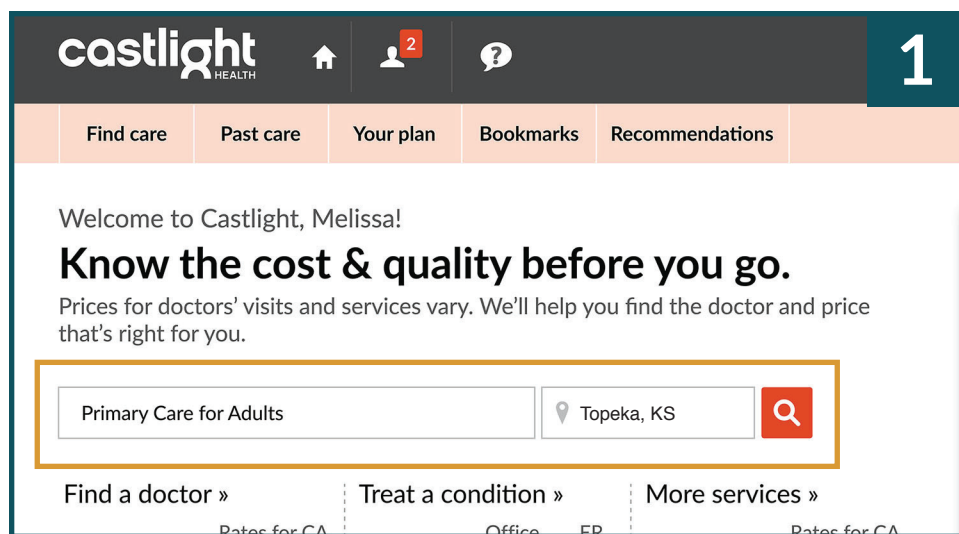


State Employee Health Plan

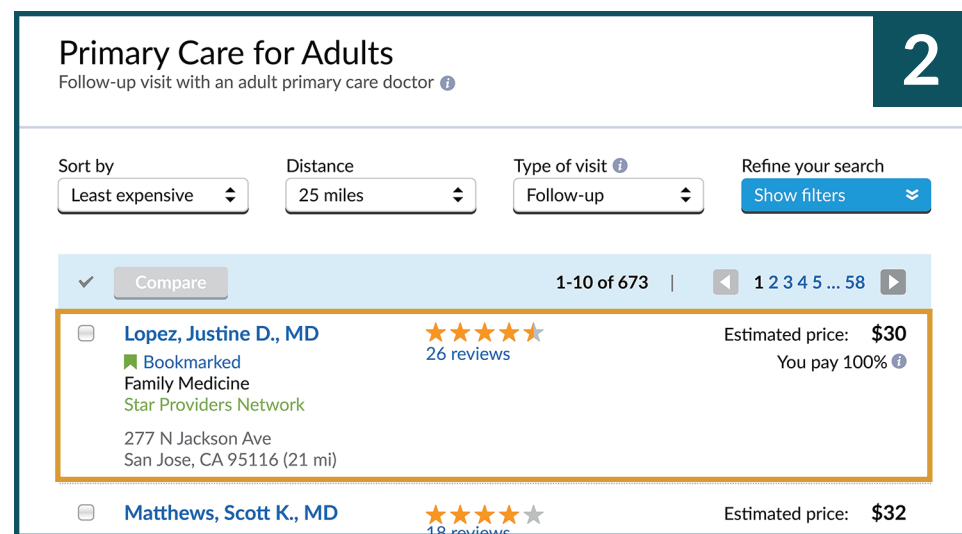
Flip over to
learn more



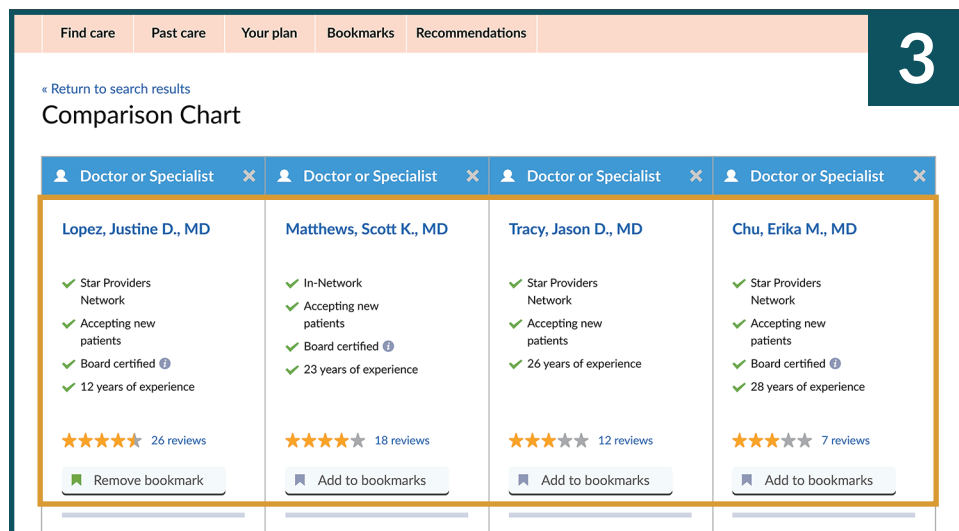
Now let's find doctors with good reviews and prices.



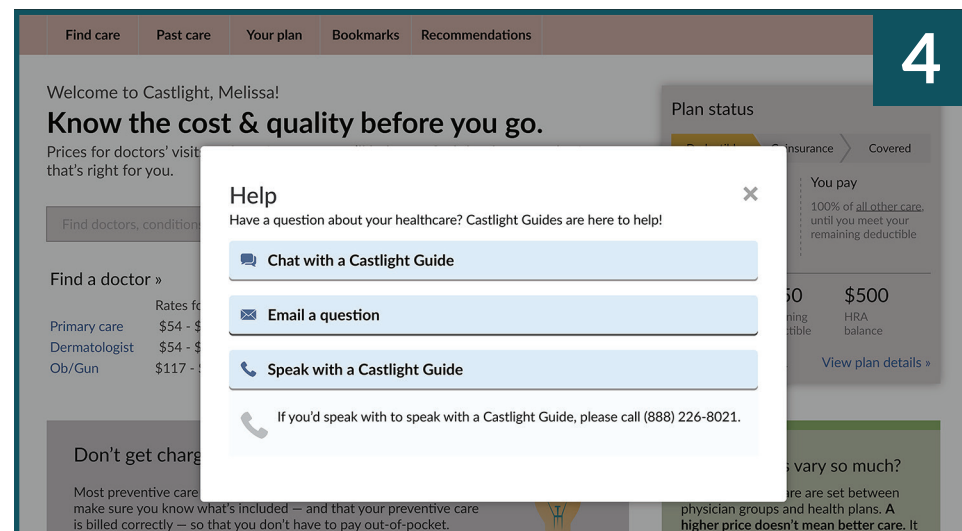
Type in what you want to search for — a doctor's name, a hospital or a disease — it all works.



Now you have information to see the quality, cost and location of your doctor.



And you can compare doctors to make the best choice for you and your family.



And if you need help a Castlight Guide is a click or a call away.